



Wellness Recovery Action Plan (WRAP®)

When & Where:

- ❖ **Location:** The Mental Health Association in Forsyth County
- ❖ **Address:** 1509 South Hawthorne Road, Winston-Salem, North Carolina 27103
- ❖ **Dates:** Wednesday, November 9th, 2022 @ 9am-5pm; Thursday November 9th 2022 @ 9am-5pm; & Friday November 11th 2022 @ 9am-3:30pm
(YOU MUST ATTEND ALL 3 DAYS)
- ❖ **Contact Information:** Susan Wheeler at 336.768.3880
(or) susan@triadmentalhealth.org
- ❖ **Cost:** \$15 dollars per participant (*NON-REFUNDABLE*)
(Space is limited- to reserve your spot the application and fee must be turned in prior to Wednesday, October 26th at 5 p.m.)

Register Online: <https://hipaa.jotform.com/222085607796061>

Description:

- ❖ Are you pursuing a North Carolina Peer Support Specialist certification? This 20-hour course is approved by the State of NC to fulfill 20 hours of the total 60-hour educational requirement for certification as a Peer Support Specialist.
- ❖ The course is also beneficial to anyone who is interested in monitoring, reducing and eliminating uncomfortable or dangerous physical and emotional difficulties. The course textbooks (2), "Wellness Recovery Action Plan, and workbook" written by Mary Ellen Copeland, PhD, is provided.

Additional Sessions in 2022

N/A

The Wellness Recovery Action Plan (WRAP) training will be sponsored by the Mental Health Association in Forsyth County and Partners Health Management



**Mental Health
Association**